

## Celebs who kicked the butt, and are loving it



**Saif Ali Khan**

A heart-attack scare and subsequent hospitalisation prompted him to give up his habit. The actor reveals that he sips water whenever it's hard to resist temptation. He admits that it is hard to quit when all his friends are lighting up.

**Aamir Khan**

He gave up on the nicotine stick because of a 'gut feeling'. The actor also put himself on a self-imposed smoking ban. Though he admits to occasionally taking a puff or two before film releases, he has been clean for the past few years.



**Brad Pitt**

The *Fight Club* star admits that he used to enjoy lighting up. But he finally quit after the birth of his children, as he was worried about their well-being. The actor also said that the thought of his own mortality unsettled him, and the idea of an early death was one of the reasons why he quit.

**Uma Thurman**

*Kill Bill* star Uma Thurman reportedly lost out on action roles because smoking used to leave her breathless. She finally kicked the habit in the last few years after many failed attempts. She often speaks about the negative effects of smoking on her career.

