



## **Bal Parishad**

#### Introduction

In India, the conceptual framework for the Army that it exists for war against enemies of the country has been extended to attainment of specific objectives in social and political arena. In a similar move, the children of the Salaam Bombay Foundation schools have joined to form a Super Army. 'Soldiers' of the 'Super Army' wage a war against tobacco, using weapons like art, theatre, music, sports and advocacy.

Currently over 22,000 students from all over Mumbai are part of the Super Army Advocacy Program. They are working towards increasing awareness about the harms of tobacco and ensuring stronger implementation of the Indian tobacco control

law that guards their generation from becoming tobacco victims. Beginning with making schools and neighborhood tobacco free, these children work with government departments like the Police, Food & Drug Administration, Media, Health and Education departments to protect the public from tobacco, warn them about the dangers of tobacco use, and enforce bans on tobacco advertising, promotion and sponsorship. The Super Army program seeks to give children a strong sense of belonging and self that leads to tobacco control focused advocacy.







#### Objective

The objective of the Super Army Advocacy program is to empower and educate youth to advocate with governmental decision-makers to enforce laws to reduce tobacco use at the community level.

#### Methodology

A module has been developed by Salaam Bombay Foundation on tobacco control advocacy. This module is being implemented in Municipal schools of Mumbai. A comprehensive package of sessions, workshops, and activities have been developed to introduce students to the





advocacy process, different stakeholder groups, the government's role in tobacco control, and the tobacco control law in India. In the process, a school level Bal Panchayat is formed so students can participate in school level advocacy activities. Eight representatives from each school are elected as a member of Bal Panchayat. An intensive training workshop is organized for school Bal Panchayat leaders to further build up their advocacy capacity as well as leadership skills. Further, two leaders (who are members of Bal Panchayat) from each school are selected to participate in Bal Parishad. During Bal Parishad, the children from different schools collectively draft and submit a charter of demands to senior government officials.





## 7th Bal Parishad, 2013



Salaam Bombay Foundation convened the 7th Bal Parishad at Vanmali Hall, Dadar, Mumbai on February 6th for over 200 children (Bal Panchayat Leaders) from 119 Municipal schools across Mumbai. These children not only presented their tobacco control advocacy work to the different stake holders who in turn guided them on how they can take it to the next level but also questioned the respective authorities on their action on implementation of COTPA in the state.

As government representative, present at the Bal Parishad were Mr. Mahesh Zhagade - Commissioner, FDA, Maharashtra; Mr.

Asharam Pathre, Senior PI; Mrs. Sherin Lokhande – Deputy Commissioner, Labour Department, Maharashtra; Dr Jadhav, Health Executive Officer, BMC and others.

The Bal Parishad questioned government representatives on implementation of all the sections of COTPA 2003 and discussed an appropriate tobacco control action plan for the year 2013. The children also presented a demand charter to the resource persons. The charter included the extension of the guthka and paan masala ban, inclusion of COTPA in police monthly crime report, the creation of tobacco free schools and a complete ban on







manufacture, sale and distribution of all forms of tobacco products, including cigarettes. Besides submitting a charter of demands, the Bal Parishad also discussed Various issues like the sale of tobacco within

a 100 yard radius of school premises, sale to minors, direct and indirect tobacco advertising, tobacco use in public places, stricter implementation of ban on Gutkha and the role of the government, the police, FDA and media were discussed in detail.



"The ban is valid for only one year starting July 2012. We have already done the necessary work to seek extension to the ban. Banning gutkha and paan masala was the first step; we will also focus on banning khaini and other such products."

"Children have immense power and should be missionaries of the movement. The ban will then spread all over the country."

- Mahesh Zagade, Commissioner, FDA.





## **Media Coverage**

# Ban pan masala, gutkha and cigarettes forever: Students

YOUNG ACTIVISTS Ask law enforcers why police are still consuming banned tobacco substances

MUMBAL Why is my school not tobacco free? When the police themselves consume gutkha, what action can be taken against them? Why is gutkha still being sold outside my school? Why are police not aware of the laws related to gutkha ban? Ouestions such as these were

Questions such as these were Questions such as these were asked by more than 200 class 8 and class 9 municipal school children from across the city to law enforcers, such as the Food and Drug Administration (FDA), Brihanmumbai

and Drug Administration (FDA), Brihanmumbai Municipal Corporation (BMC), and police.
The workshop titled Bal Parishad, was organised by Salaam Mumbai, a non-governmental organisation working with children against tobacco

NO SMOKING, CHEWING

government banned gutkha and pan masala on July 19, last year. The ban came in the wake of Food Safety and Standards Act, 2011, which prohibits

food products that contain tobacco such as khaini, masheri, among others. There are 86 kinds of tobacco being sold all over the country.

STUDENTS' DEMANDS Ensure all school premises in the state are tobacco free by atleast a 100 metres

Impose ban on khain cigarettes and beedi Impose ban on direct and indirect advertising of tobacco products

Implement the ban on smoking in public places and places of work

Pathare, Sherin Lokhande Deputy Commissioner of labour department, Mumbai, among others, attended the workshop. When children asked why

cigarettes are not banned yet, Zagade said, "You should think of what is good and bad for you and avoid all things bad. The law will come later. We are first concentrating on gutkha because most Indians consume

tobacco in the form of gutkha."

tobacco in the form of gutkha."
The children said the amount of fine imposed for chewing or smoking tobacco in public should be increased. They also said that police remained ignorant Cigarette and Other Tobacco Products Act (COPTA) which prohibits the sale of tobacco within 100 metres of schools. co within 100 metres of schools On the issue of police officers consuming gutkha, Zagade said,

"If any officer does not imple-ment the law, the officer becomes ment the law, the officer becomes a burden on the society. You chil-dren should come forward and protest against these officers. Zagade told the students to be inspired by Malala Yousafzai, the Pakistani student who was attacked by the Taliban who called for a ban on girls' educa-tion.

Zagade said that they would

focus on other forms of tobacco such as khaini, masheri after the apex court clears the notification that bans gutkha and pan masala. When a school girl pointed out that the ban on gutkha and pan masala was only for one year. Zagade said they had written to the central government for a permanent ban on the substances which will definitely your into a fifter that year. such as khaini, masheri after the come into effect next year

#### **Hindustan Times**

# तबाखुवर कायमची बंदी घाला

मुंबई, दि. ६ (प्रतिनिधी) - तंबाख् आणि तंबाख्यकत अन्य पदार्थांवर कायद्याची काटेकोरपणे अंमलबजावणी कावी. तसेच तंबाखुवर असलेली बंदी वर्षभरापुरतीच न ठेवता ती कायमस्वरूपी करावी, असा टाहो विद्यार्थ्यांनी एफडीएचे महेश झगडे यांच्यासमोर फोडला. आज दादर येथील वनमाळी सभागृहात आयोजित केलेल्या बालपरिषदेत ते बोलत होते.

'सलाम बॉम्बे फाऊंडेरान' या संस्थेच्या वतीने आज 'बालपरिषद'- मुंबई चिल्ड्रेन हेल्थ असेम्ब्ली कार्यशाळेचे आयोजन केले होते. यावेळी महेश झगडे यांची प्रमुख उपस्थिती होती. यावेळी विद्यार्थ्यांनी तंबाखुचे उत्पन्न बंद करायला हवे. सर्वांना कायद्यांविषयी माहिती करून द्यायला हवी असेही सांगितले. विद्यार्थ्यांनी उरवले तर बरेच काही बदलू शकत हे सांगताना मुलींच्या शिश्वणासाठी झटत असलेल्या पाकिस्तानची मलाला युसुफजायचाही आदर्श समोर ठेवा. तिचा आदर्श समोर ठेवत विद्यार्थ्यांनी स्वत: पुढाकार घेऊन

आयुक्तांना साकडे परिस्थिती बदलायला हवी. तुमचे आरोग्य तुमच्या हातात आहे. ते सुदृढ ठेवायचे की अशा व्यसनांच्या

अधीन व्हायचे हे तुमचे तुम्हीच ठरवायला हवे असेही ते पुढे म्हणाले. यावेळी विद्यार्थ्यांच्या प्रश्नांवर सविस्तर चर्चा करण्यात आली. या परिषदेत मुंबईतील ११६ शाळांतील विद्यार्थ्यांनी उत्स्फृतं सहभाग घेतला होता, तसेच याबाबत जनजागृतीसाठी विद्यार्थ्यांनी तयार केलेली पोस्टर्स होती. या परिषदेत कामगार उपायुक्त रोरीन लोखंडे, अग्रवाल, पाठारे, जाधव,

देविका आदी उपस्थित होते.

विद्यार्थ्याचे एफडीए'च्या



#### विद्यार्थ्यांच्या मागण्या

- महाराष्ट्रातील सर्व शाळांचा परिसर तंबाख्रमुक्त करा -
- सार्वजनिक ठिकाणी सर्रास होणारे ध्रम्रपान बंद करा
- सिगारेट, गृटखाः विडी-यावरचा टॅक्स वाढवावा
- 🛮 तंबाखू उत्पादक शेतकऱ्यांना पर्यायी पीक उत्पादनासाठी प्रोत्साहन 🗉

पढाकार घेणे

आवश्यक

प्रत्येकाने गुटखामुक्त हिंदुस्थान होण्यासाठी प्रत्येकाने पुढाकार घेणे आवश्यक आहे. शाळेच्या आवारात युकीचे घडत असेल तर वेळीच मुख्याध्यापकांच्या निदर्शनास आणण्याचे आवाहन एफडीएचे महेश झगहे यांनी केले आहे.





# After gutka, FDA seeks more ban

AGE CORRESPONDENT MUMBAI, FEB. 6

After banning gutka, the Food and Drugs Association is planning to seek a ban on other tobacco products like pan masala, bidi, khaini from the Supreme Court.

The Bombay high court had given a verdict in favour of the Maharashtra government, after which, not only gutka, but also pan masala has been banned in Maharashtra. The manufacturers then appealed in the SC against the judgements.

However, even without gutka and pan masala, there are 86 different ways of tobacco consumption, which are all equally dangerous to health, experts said.

Mahesh Zagade, coms.

ly dangerous to health, experts said.

Mahesh Zagade, commissioner of FDA
Maharashtra said, "As long as only tobacco is being sold, it cannot be procured by us. But, any product, which has tobacco and has been processed, or contains nicotine can be seized by the FDA."

FDA."

He added that the FDA has been busy implementing the ban on gutka and pan masala, but after the SC verdict, even products like khaini and masheri will be targeted. The FDA, along with senior government officials and the police par-

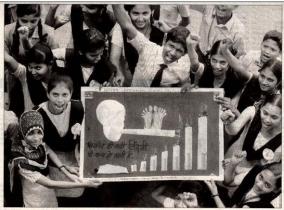
Any product, which has tobacco and has been processed. or contains nicotine can be seized by the FDA

- Mahesh Zagade FDA commissioner Maharashtra

ticipated in an advocacy workshop, wherein 200 children from 104 munici-pal schools across Mu-mbai collectively submit-ted a charter of demands ted a charter of demands to senior government off-icials, seeking an exten-sion of the gutka ban in the state and support towards strictly imple-menting tobacco laws in the city

menting tobacco laws in the city. The Salaam Bombay Foundation, an NGO that has been working against tobacco, organised the workshop Balparishad. Modelled on the Parliament Assembly, Balparishad is a first-of-its-kind health assembly for school children.

In a question and answer session with authorities from the BMC, the state government, FDA, media, police, NGOs, children from class 11 and 12 evaluated and discussed effective tobacco-control advocacy programmes.



The charter includes demands such as extension of gutkha and paan masala ban, be khaini, beedi and cigarettes, increase in tax on tobacco products and ban on ads of products.

# Make schools tobacco-free,

## FDA lens on tobacco abuse

Pratibha Masand | TNN

Mumbai: The Food and Drugs Association (FDA) is planning to crack down on other forms of to crack down on other forms of tobacco once the ban on gutka and pan masala is cleared by the Supreme Court. There are 86 different ways in which tobacco can be consumed that are dan-

can be consumed that are dan-gerous to health, say experts.

"As long as only tobacco is sold, we can't curb the menace. But any product which has to-bacco and has been processed or any product containing nico-tine can be seized by the FDA," FDA commissioner Mahesh Za-

"After the SC verdict, even products like khaini and mash-eri will be targeted," he added. The FDA held a workshop in which 200 children from 104 mu-nicipal schools across Mumbai participated.

# Kids learn more about ban on gutkha

200 students participate in 'Bal Parishad' workshop

By A Staff Reporter

More than 200 students from around 104 BMC schools in the city partici-pated in a workshop called Bal Parishad – Mumbai's Children Assembly 2012-13 organised by Salaam Bom-bay Foundation (SBF). In this first of its kind health assembly for school children, the children not only asked questions about the ban on gutkha and pan masala in the state, its implementation, action taken against offenders and about measures to keep not only gutkha and pan masala but also tobacco away from everybody and more so from children's reach to senior government and BMC officials present there, but also submitted a

charter of demands to them. The charter demanded demands extension of gutka ban and strict enforcement of the Control of Tobacco Products Act (COTPA).

Present among several of-ficials who had to answer the children's questions were state FDA commissioner Mahesh Zagade and Asaram Pathare, Sr. PI from Bhoi-wada police station. They assured the children that they will always strive to do their best to make the state gutkha and pan masala free. "We are doing what is in the law but everything can not be done by us alone. We need people's support too. We need children like you to come and join us in the fight against gutkha. All of us have to come together," said Zagade.